



New Jersey Department of Children and Families Policy Manual

Manual:	NJAC	NJ Administrative Code Excerpts	Effective Date:
Title	10	Human Services	
Chapter	127	Manual Of Requirements For Residential Child Care Facilities	3/27/2009
Subchapter:	6	Program Requirements	
Section	11	Food and nutrition for children (N.J.A.C. 10:127-6.11)	

§10:127-6.11 Food and nutrition for children

(a) The facility shall ensure that each child is provided with three nutritious meals daily, either in the facility itself or in the community.

1. The facility shall make daily snacks available for children who desire them, unless there is a medical reason not to provide them.
2. The facility shall select, store, prepare and serve food in a sanitary and palatable manner.
3. The facility shall prepare and date menus and keep the menus on file at the facility for a minimum of 90 calendar days.
4. The facility shall provide place settings and eating utensils for children.
5. The facility shall serve meals in a manner that makes mealtime a pleasant social experience.
6. The facility shall not force-feed or otherwise coerce a child to eat, except by order of a physician.

(b) The facility shall ensure that the daily diet for each child includes a balance of foods from the four basic food groups.

1. The facility shall ensure that each meal contains a sufficient amount of food for each child.
2. The facility shall make available, as necessary, an alternate choice of food for each meal served for children on special diets or children who because of religious beliefs, cannot eat particular foods.
3. The facility shall follow individualized diets and feeding schedules that are submitted to the facility by the child's physician or registered dietician.

